

## NSW Cancer Conference 2022 Conference Report

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Me standing proudly next to my poster on the Friday.

This was my first poster presentation at a conference, I had done speeches before online but wanted to try something new. This was a great and personal experience where you could have a stress-free discussion on your work. It was really exciting going to a formal 2-day conference in person as I had always wanted to attend these since before I started my PhD.

The layout and structure of the event was great, with plenary speakers at the main sessions in the Wentworth Room and then being given the option to choose 1 of 3 breakout rooms based on your interest. There was also a lot of time for poster viewing at every break and allowed me to engage with others about my own and their work. I managed to have discussions with 2 people on improved drug delivery to PDAC, something that I have been looking for recently. One of these people was from University of Wollongong, which is exciting as it implies the scale of this conference covering researchers from across NSW. I have emailed them and am in talks about a collaboration regarding their methodology and protocols to maximize drug delivery. The key take-home message for me was

that there are always going to be research that you may not have heard about before and that it can be adapted into your own work. This is important at a conference as the work is presented in an attractive manner and easy to read, especially when compared to reading journals online.