Name: Jasmine Yee

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Full Reference (including all authors (presenter in bold) & title):
Abstracts

1. Integrating Intra-Infusion Exercise into Chemotherapy: Healthcare Professionals' Perspectives on Exercise and Recruitment in the EX-FUSION trial
2. Delivering Intra-Infusion Exercise: Healthcare Professionals' Insights to Inform Future Practice from the EX-FUSION Trial
3. Supportive Care in Cancer

Authors

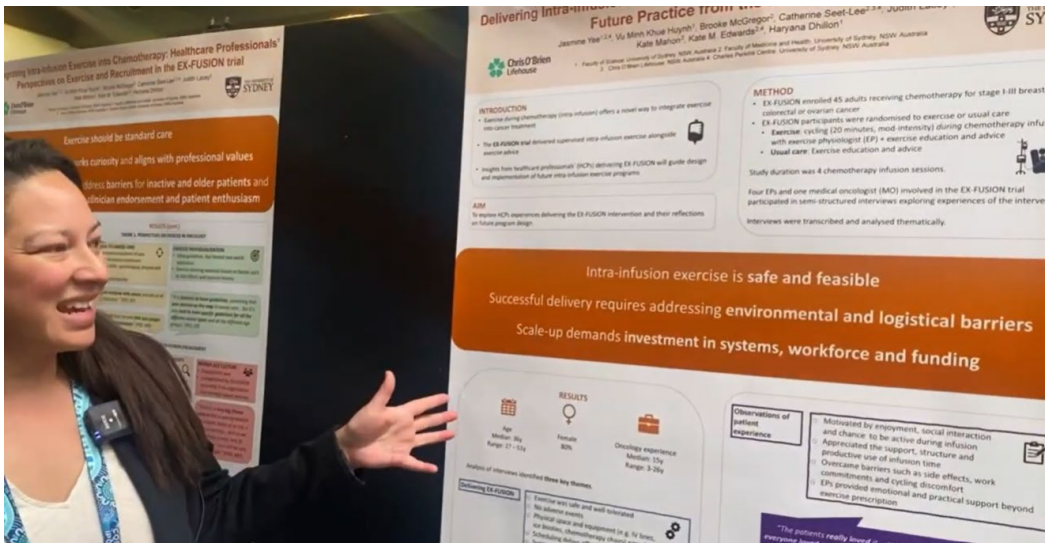
1. **Jasmine Yee**, Vu Minh Khue Huynh, Brooke McGregor, Catherine Seet-Lee, Judith Lacey, Kate Mahon, Kate M. Edwards, Haryana Dhillon
2. **Jasmine Yee**, Vu Minh Khue Huynh, Brooke McGregor, Catherine Seet-Lee, Judith Lacey, Kate Mahon, Kate M. Edwards, Haryana Dhillon
3. Symposium coordinator / chair: **Jasmine Yee** and Rachel Campbell

Conference/Meeting Name: Joint meeting of the International Psycho-Oncology Society (IPOS) World Congress and Clinical Oncology of Australia (COSA) Annual Scientific Meeting

Location: Adelaide, Australia

Dates: 11 – 14 November 2025

Presentation Type: Posters x2 and Symposium Coordinator and Chair



Recording short explanations of my conference posters for the Psycho-oncology Co-operative Research Group (PoCoG) Youtube channel: https://www.youtube.com/watch?v=jENEZuv-7Vc

The joint IPOS-COSA ASM uniquely brought together 1200+ delegates across two leading organisations in cancer care. IPOS focuses on advancing psychosocial oncology globally, while COSA is Australia's premier multidisciplinary cancer meeting. The integrated program included joint plenaries, concurrent sessions, and discipline-specific sessions, creating a rich environment for cross-pollination of ideas.

IPOS-COSA featured national and international leaders, including Prof Carla Prado (Canada), who illustrated the profound role nutrition plays in influencing cancer outcomes. The conference theme, "*Optimising care, optimising outcomes - Partnering to improve outcomes for all*," was strongly woven throughout the program. Sessions in the supportive care space addressed fatigue, sleep, pain, distress, and nutrition-related symptoms, showcasing innovative models of care and emerging evidence to guide practice.

I attended a pre-conference workshop focused on designing implementation strategies to embed exercise into routine cancer care. What made this workshop particularly valuable was the way it brought together clinicians, academics, allied health professionals, and implementation scientists from across Australia. Working in small, mixed-disciplinary groups, participants identified practical barriers, co-designed solutions, and explored opportunities for integrating exercise more effectively into local clinical workflows. It was inspiring to see such a diverse community come together around a shared goal, each contributing their expertise and context. I left the workshop with renewed clarity about how we might plan and design exercise delivery models going forward.

A highlight of the conference was spending time with colleagues, both those I work with day-to-day and those I see less frequently. In a research environment that can feel isolating at times, the meeting was an energising reminder that there is a large, passionate collective working toward the same mission of improving outcomes for people affected by cancer. The conference reinforced how fortunate I feel to belong to such a collaborative oncology community.